



Dr. Dru Kindred DC, MAc Inc.
Restorative Bodymind
Healthcare *Integrated*
Acupuncture & Chiropractic



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Office Policy and Fee Schedule:

Established January 1, 2022

1. Standard, office visits are as comprehensive as the patient's health problems warrant.

All routine appointments last 30 minutes and include both evaluation and treatment components. Initial visit fee limits are \$260-285.

Follow-up visit fee limits are \$240

During each 30-minute session services are charged per modality (therapy) up to the fee limits indicated above. *If the total for each service runs higher than the fee limit in this policy, we do not charge for more than one unit of manual therapy. If the patient receives spinal and extremity manipulations, we do not charge for manual therapy when acupuncture is also provided. If the fees still run above the fee limits per this policy, we charge a reduced modality fee on the second fifteen minutes of acupuncture therapy. Cranial Manipulations are not billed if performed with other manipulation at the same session.*

These comprehensive appointments are most commonly scheduled 2 - 3 weeks apart depending on the urgency or severity of the problem and the patient's time and budget constraints. Each visit reevaluates positive findings from the previous session. If more frequent therapy is needed, we coordinate care with additional providers.

2. Brief office visits are shorter treatment times and less therapy per session. They are available after a comprehensive office visit determines they may be useful for you. Brief office visits offer only one to two treatment modalities, and the evaluation component is minimal. Standard charges apply for each treatment modality and the evaluation. (See attached superbill for these rates)

3. We do not contract with any insurance companies. We work for the patient. Patients must pay for services at each session. We accept credit card payments. We do not bill insurance for the patient, but we do provide prepared billing statements that are ready to be submitted for reimbursement if the patient has coverage for any or all services. See the additional office policy on muscle therapy coding for more details on coding soft tissue therapy. We provide holistic comprehensive restorative health care. We diagnose, treat and code based on exam findings. We assess mechanical restrictions in joints, abnormal soft tissue findings, organ tension and reflex imbalances and Oriental parameters of pulse and tongue signs to determine where the body has imbalances. These indices reveal signs of diminished vitality which may be rehabilitated with chiropractic, manual therapy and acupuncture to restore the tissues themselves. This is thought to allow the body to restore itself to health. The FDA has yet to verify this with research and they require a statement on this in documents like this policy. We do not claim to cure disease. Patients have the right to and are welcome to determine these results from their

own experience in treatment whether or not their insurance company will pay for any health problems they want to address.

We explain to seniors that we do not provide Medicare billing. However, seniors can choose to receive some acupuncture (a non-Medicare covered services) at this clinic. But because we do not bill Medicare or any other insurance (see previous paragraph) they have to sign a form which states that they realize their third-party reimbursement may decline to cover acupuncture services since Medicare did not get billed and deny the service. This information is reviewed verbally at the initial intake and the patient must sign to indicate they understand and have been informed. Medicare has started covering acupuncture for chronic low back pain. We cannot offer therapy for this problem because we are not providing Medicare billing at this time.

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